

## Biblical Typology Study – Week 2

### Adam as Federal Head and Type of Christ

(January 14, 2026)

This week's study continued our series on **biblical typology**, focusing on **Adam as a foreshadowing (type) of Christ**, specifically through the lens of **federal headship** — the idea that one man can represent many before God.

The evening began with prayer, thanking God for successful surgeries for **Ron and Elizabeth** and asking for continued healing for **Royce (leukemia and pneumonia)** and others in need of physical and spiritual strength

### Why Typology Matters

Typology is not about creative symbolism — it is about how God has woven the gospel into history itself. Old Testament people, events, and institutions were intentionally designed by God to **point forward to Christ, His church, and eternal realities**

Jesus Himself used typology when He explained the Scriptures to the disciples on the road to Emmaus, showing how the whole Bible was about Him. Typology reveals:

- God's **sovereignty** — only God can plan history this precisely
- God's **wisdom** — thousands of years of foreshadowing converge in Christ
- God's **faithfulness** — every promise finds its fulfillment

This week's type was especially important: **Adam as a foreshadow of Christ.**

### Adam and Eve: Image, Equality, and Design

Before focusing on Adam, the study made it clear that **both Adam and Eve were created in God's image** (Genesis 1:26–27) — equal in value, dignity, and worth

Eve was created as an “ēzer” (**helper**) — the same word God uses for Himself as Israel’s helper. This means Eve was not weak or lesser, but a **strong, necessary counterpart**. The phrase “fit for him” means **face-to-face, equal, complementary** — different in role, equal in worth.

Adam and Eve together reflect God’s image, including:

- The **relational nature** of the Trinity
- The **covenant mission** to fill and govern the earth

But the theological focus of the night was Adam.

### **Why Adam Was Created First**

Unlike the animals, Adam was created **alone**. God didn’t speak him into existence — He **formed Adam with His own hands** and breathed life into him (Genesis 2:7)

Adam was:

- Created before Eve
- Given the **creation mandate**
- Given the **covenant command**
- Entrusted to teach and lead

This is why Scripture speaks of the “**Adamic Covenant**” — God entered into a binding agreement with **Adam as the representative of all humanity**

### **Why Adam’s Age Matters**

From Numbers 1, 14, 30, and 4, the study showed that:

- Men became legally responsible around **age 20**
- Priests began service at **age 30**
- Covenants and legal authority belonged to adult men

Because God is orderly and precise, Adam was most likely created as a **full-grown man around age 30**, fully qualified to enter into a covenant with God — just as Christ began His public ministry at about 30

## What Is Federal Headship?

Federal headship means **representation**.

Just as a president represents a nation or a father represents a household, **Adam represented all humanity**. His obedience or disobedience would legally apply to everyone who came from him

Scripture makes this explicit:

- “*Adam... was a type of the one who was to come*” (Romans 5:14)
- “*As in Adam all die, so also in Christ shall all be made alive*” (1 Corinthians 15:21–22)

Adam’s single act brought **condemnation and death** to all.  
Christ’s single act brought **justification and life** to all who believe.

## Why Sin Came Through Adam

Though Eve ate first, **Adam was held responsible** because:

- God gave **Adam** the command
- God gave **Adam** the covenant
- God called **Adam** to account

Adam failed as a federal head — he refused responsibility, blamed Eve, and blamed God. Because of this, **all humanity fell under condemnation**

## Why Jesus Had to Be Born of a Virgin

Sin passes **through the father**, not the mother — because the father is the federal head. That is why the Messiah had to be born of a **woman without a human father** (Genesis 3:15; Isaiah 7:14).

Jesus was not under Adam’s federal headship. He came to establish a **new spiritual family**, a **new humanity**, with Himself as the new Head.

## **The Three Imputations**

The heart of the gospel rests on three legal transactions God has made:

- 1. Adam's sin → all people**
- 2. Believers' sin → Christ**
- 3. Christ's righteousness → believers**

This is why salvation is by **grace**, not merit. We are not good — even our best works are stained by sin — but Christ's perfection is credited to us

## **Why This Matters for Faith**

If Adam didn't represent us, then Christ couldn't represent us either. Rejecting Adam's headship destroys the gospel.

We are saved not because we earned it — but because **another Man obeyed where the first failed**.

## **Prayer, Needs, and Next Steps**

The group prayed for many ongoing medical needs, including Ron, Elizabeth, Royce, Eddie, John, Jennifer, Chad, and others carrying heavy burdens

Looking ahead:

- The typology series will continue for about **12 weeks**
- Upcoming studies will include **the Tabernacle, the Temple, and anti-types**
- A possible **mission trip** and upcoming **men's and women's studies** were announced